Welcome to the County Council of Östergötland!
Agenda

• What to do if an accident strikes
• Health care fees
• Dental care
The County Council’s task is to promote the health of the inhabitants of Östergötland, from the perspective of their needs (and contribute to regional development)
County Council of Östergötland

- 426,000 inhabitants
- The University Hospital in Linköping (US)
- Vrinnevi Hospital in Norrköping (ViN)
- The General Hospital in Motala (LiM)
- The Local Hospital in Finspång (NiF)

- The University hospital runs highly specialised care to the south east health care region’s 1 million inhabitants
• What to do if an accident strikes
If you become ill

Emergency
• Call 112 if you become seriously ill and need an ambulance or visit a hospital casualty department

Not an emergency
• Contact your health centre or phone the Medical Advice Phone Line on 1177
The Medical Advice Phone Line on 1177 (sjukvårdsrådgivning)

• is open 24 hours a day
• is staffed by Swedish- and sometimes English-speaking nurses. They can advise you if you need to contact a doctor
• Always call the The Medical Advice Phone Line if you become ill in the evening or at weekend and it is not an emergency
Health centres

- All health centres are open until at least 5 pm on weekdays
- Most health centres have an automatic telephone system called TeleQ. You need to be prepared to key in your area code and telephone number. You will then be given a time when you will be phoned back.
At the health centres

• When you visit your health centre you should be prepared to show identification. This increases security for you and simplifies things for healthcare staff.
• The health centre is staffed by specially trained doctors, often in general practice, and nurses and district nurses.
At the health centre

• The staff at the health centre examine, diagnose and treat both simple and more complicated complaints and chronic illnesses. They are assisted by other health professionals such as occupational therapists, physiotherapists, dieticians and counsellors.
Normal Health Care Fees

• When you receive health care you have to pay for it.
• The size of the fee payable depends on the sort of health care you receive and whether you receive it at a health centre or at a hospital
• Different fees apply to outpatient appointments and hospital stays for inpatients
• Different fees apply to patients from the EU/EES/CH and patients from other parts of the world
Normal patient fees in swedish kronor (general rules)

<table>
<thead>
<tr>
<th>Service</th>
<th>Fee</th>
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<tbody>
<tr>
<td><strong>Normal fee</strong></td>
<td></td>
</tr>
<tr>
<td>Primary health care</td>
<td></td>
</tr>
<tr>
<td>• Doctor</td>
<td>150 SEK</td>
</tr>
<tr>
<td>• Nurse, paramedic</td>
<td>100 SEK</td>
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<tr>
<td>Hospital</td>
<td></td>
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<tr>
<td>• Doctor</td>
<td>300 SEK</td>
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<tr>
<td>• Nurse, paramedic</td>
<td>100 SEK</td>
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<tr>
<td><strong>Maximal fee</strong></td>
<td>900 SEK/year</td>
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<tr>
<td>Hospital care (inpatient)</td>
<td>80 SEK/day</td>
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</tbody>
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Who pay normal fees?

• People living in Sweden
  - Permanently
  - More than one year

All kind of medical treatment
Who pay normal fees?

• If you are from the European Union (or from Norway, Iceland, Lichtenstein, Switzerland) on a temporary stay in Sweden
  • You will receive the treatment you need (necessary treatment during your stay)
    - You have to show your European health insurance card (EHIC)
    - Not necessary for individuals from Nordic countries
European Health Insurance Card
Who pay normal fees?

• From foreign states with healthcare agreements
  Australia, Algeria, Quebec
  • receive emergency care

You have to show:
  - Passport
  - Certificate (from your national insurance agency)
Everyone else pay the cost price

If you;

- Are not living in Sweden
- Don’t come from EU/EES/CH
- No healthcare agreements

• If you are from the rest of the world!

Example

• Hospital
  – ER 2,000 - 4,500 SEK
  – Appendix 35,000 - 50,000 SEK

• Primary health care
  – GP 1,860 SEK
• If you are a member of the cost price group you have to get a private insurance for medical and health care!

• You will also need a private insurance for ambulance flight back to your home country even if you have an EHIC. Transport home is not covered by the EHIC.
Don´t forget your appointment

• All health centres in Östergötland charge patients for forgotten appointments. If you had an appointment at a health centre and did not use it, you will receive an invoice by post amounting to what you should have paid if you haven´t forgotten your appointment.
Dental care

- Dentist (Tandläkare)
  - County council dental organisation
  - Private dentists

- Fee
  You have to pay most of the costs yourself (cost price)
  Patients living in Sweden or with an EHIC can get a small subsidy from national insurance
The Web: www.lio.se
• Thank you for listening!

• Enjoy your stay in Sweden!