What to do...

if you are ill, injured or need advice about your health:

► Advice on 1177.se and telephone number 1177, 24 hours a day

► Contact the health centre

► Call 112 for emergency and life threatening conditions

Call 1177 or visit the website 1177.se

If you fall ill and there is no emergency, you should call 1177 in the first instance and talk to the Medical Advisory Service, a staff of nurses who can give you advice and help you if you need to see a doctor. You can also visit their website at www.1177.se.

Medical centres

There are medical centres in all Östergötland's municipalities. Doctors and nurses who can help you with common diseases work at the medical centres. Physiotherapists, welfare officers and dieticians often work at the medical centres, too. When you call a medical centre for advice or to book an appointment, your call will often be answered by an automated service. You then have to key in your dialing code and telephone number. When you have done this, an automated voice tells you when the medical centre will call you back.

In emergency situations

In acute and life-threatening situations call 112 or go to the Emergency Department. You can go to the Emergency Department with things that can not wait, for example, if you suddenly experience a serious illness or injury. It can for example be acute chest pain, a broken leg or a severe bleeding.

If you want more information about the County Council please visit the website www.lio.se where you can find information in different languages, International.

More information

For more information, please contact the County Council on frageladan@lio.se

Health care in Sweden for foreign students

If you come to Sweden only to study, you may be entitled to essential health care for the Swedish patient fee. To find out what applies to you, you should contact the Social Insurance Agency in your home country. You can also visit the Swedish Social Insurance Agency at their website at www.forsakringskassan.se for more information.

Landstinget i Östergötland